

# Q&A: GETTING TO KNOW YOUR MANITOBA PHARMACISTS

**Name:** Tara Maltman-Just

**Place/Year of Graduation:** University of Manitoba, Class of 2006

**Years in Practice:** 5

**Currently Working as:** Director, Integrative Clinical Programs, CD Whyte Ridge Pharmacy

**Accomplishments in pharmacy:**

- Completed ADAPT and QUIT Certifications (CPhA).
- Completing Board Certification and Advanced Fellowship with the American Academy of Anti-aging and Regenerative Medicine, a Brain Fitness Certification and a Masters in Medicine.

**Family:** Married for 3 years to my husband and fellow pharmacist Harold, who works as Senior Government Affairs Manager at Eli Lilly. Our little Yorkie-Poos Calla and Lilly complete our family.

**Hobbies:** Playing with and training Calla and Lilly. They just learned 'Ring the Bell' to go outside.

**Community activities:** Volunteering at Springs Church, Government and Professional Relations (MSP), Standards of Practice (MPhA).

**Favorite thing about Manitoba:** The people – it truly is 'Friendly Manitoba'. Canada Day at the Forks is my favourite Manitoba day (especially watching the traffic from my balcony after the fireworks).

**Most relaxing vacation choice:** Maui, Hawaii. We got married there and would like to return on our anniversary.

**Pet peeves:** Why is it so difficult to get a pharmacist license in Hawaii?? Don't get me started on the PharmDs :).

**Favorite fictional character and why:** Pocahontas, because she paints with all the colours of the wind. Also, because she loves animals.

**What could you do without forever:** Meat. I've been a vegetarian for 18 years.

**What you love about pharmacy:** Our opportunity to connect one-on-one and impact individuals' lives.

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**Do you know someone who is making a difference in the pharmacy community? We would like to highlight them in this article! Please contact the MSP office at (204) 956-6681 or [info@msp.mb.ca](mailto:info@msp.mb.ca).**



# THIS ISSUE

OCTOBER/NOVEMBER/DECEMBER 2011

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### Editorial

#### Never Give Up

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When I sat down to write this editorial I was having a real tough time deciding on what to put to paper. The world was in turmoil, Greece and the US were on the verge of defaulting on their debts, Japan was still cleaning up after the devastating tsunami, the economy was again on the brink of collapse and we were heading into a provincial election.

### Feature Article

#### Grand Re-Opening Celebration

##### - The Apothecary in Morden, Manitoba

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On August 8th, 2011, the newly renamed Apothecary in Morden, owned and operated by Lisa Zaretsky, hosted a grand re-opening celebration featuring a pancake breakfast and bike rally.

### Feature Article

#### Faculty of Pharmacy White Coat and

##### Student Recognition Ceremony

5

The University of Manitoba, Faculty of Pharmacy held the annual White Coat and Student Recognition Ceremony at the Brode Atrium on Sept. 28th, 2011.

### Feature Article

#### Dry Skin and Eczema

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Dry skin also called xerosis, asteatotic eczema or eczema craquelé is defined as the abnormal dryness of the skin and mucous membranes. It is usually worse in the winter and affects older adults more because the skin tends to become thinner with age.

### Feature Article

#### Manitoba Election 2011 – Voters Choose Status Quo

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The recent provincial election is likely to be remembered for the lack of change which resulted. The parties with only a few exceptions ended up winning essentially the same ridings they represented leading up to the election.

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### Feature Article

#### The Manitoba Medications Return Program

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The Manitoba Medications Return Program (MMRP) was designed to collect unused and expired medications from the public for proper destruction.

### Feature Article

#### Understanding Flow-Through Shares and Limited Partnerships

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Flow-through shares and flow-through limited partnerships (LP's) offer investors both a tax benefit and the potential for capital appreciation in the resource sector, typically in oil & gas and mineral exploration.

### Feature Article

#### Executive Director Update

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I knew if I was patient eventually someone on the Communication Committee would "invite" me to submit articles for the Communication magazine.

### Feature Article

#### Pharmacist Membership Update 2011

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As all of our members are aware, the 2011/2012 membership drive once again took place in June and July.

### The Last Word

#### Specialization in Pharmacy – The Trend to Board

##### Certification

22

There is a movement to recognize specialties within pharmacy. If successful and widely adopted, it would give to pharmacists what physicians have had for a century - board certification of specialty practice.

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#### Grace Frankel

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*Cover photo provided by Bonita Collison.*